

ROWVILLE

BALANCE & STRENGTH SCHEDULE

Monday

10am - 11am
Molli Unusu
(Exercise
Physiologist)

Tuesday

Wednesday

Thursday

3pm - 4pm
Molli Unusu
(Exercise
Physiologist)

Friday

9:30 - 10:30
Daniel Nguyen
(Physio)

Please contact us on 1300 855 442 to enquire about joining a class as some classes may be at capacity