



BALANCE & STRENGTH CLASSES

Maximum 9 persons in each class, bookings are required.

Please call **1300 855 442** to book.

MONDAY	10:00AM BLACKBURN (Sherrie) 11:00AM BLACKBURN (Sherrie) 3:30PM BLACKBURN (Sherrie)
TUESDAY	9:00AM BLACKBURN (Sherrie) 10:00AM BLACKBURN (Sherrie) 2:00PM BLACKBURN (Sherrie) 4:00PM BLACKBURN (Sherrie)
WEDNESDAY	10:00AM ROWVILLE (Sherrie)
THURSDAY	10:00AM BLACKBURN (Sherrie) 11:00AM BLACKBURN (Sherrie)
FRIDAY	9:00AM BLACKBURN (Sherrie) 10:00AM BLACKBURN (Sherrie) 2:00PM BLACKBURN (Sherrie)



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